

## **SYLLABUS BIFURCATION**

# APS MEERUT CANTT BALVATIKA SYLLABUS BIFURCATION OF PS1

### **MONTH - APRIL**

SUBJECT AND SYLLABUS	<u>ACTIVITIES</u>	<u>SUBJECT</u> INTEGRATION	GOALS TO BE ACHIEVED
ENGLISH:  a) Scribbling b) Strokes:  • Standing line  • Sleeping line  • Slanting line  • Curves  Page no:  5,6,7,9,11,12,13,14, 15,16,17,18,24,25,	<ol> <li>Do scribbling on the cut-out of the balloon.</li> <li>Make a standing line with paint colors with his/her finger.</li> <li>Make a sleeping line with the help of a crayon.</li> <li>Make a slanting line with the help of ice cream sticks.</li> <li>Pasting of curves with colored sheets.</li> </ol>	Art Integration	Goal 1:  • Development of fine motor skills.  Goal 2:  • Eye-hand coordination  Goal 3:  • Concept formation  • Cognitive development
26.  Rhymes: Johny! Johny!		Music Integration	<ul> <li>Goal 2:</li> <li>Talking and listening</li> <li>Exposure to other languages.</li> </ul>
HINDI: ऊपर और नीचे काबक्र	Cut and paste Upward and Downward curve on colored sheet.	कला एकीकरण	ल <u>क्ष्य 1:</u> हाथों एवम आँखों का समन्वय
<b>कविताः</b> प्रार्थना ल <b>ा</b> ल टमाटर		सा <b>ा</b> ंगीत एकीकरण	लक्ष्य 2: आकस्मिक लेखन  लक्ष्य 3: साांज्ञानात्मक कौशल  लक्ष्य 1: सकल म टर ववकास  लक्ष्य 2: सुननेऔर ब लनेका कौशल

MATHS: Introduction of Blue colour.	1.Colour Sorting.     2.Live demonstration	Sports Integration	Goal 1:  • Development of fine motor skills.
Pre-Maths Concept- Up and Down		Art Integration	<ul> <li>Goal 3:</li> <li>Sensory development</li> <li>Cognitive development</li> <li>Concept formation</li> </ul>
EVS:	Conversational questions	Social and Emotional development	Goal 1: • Concept of self.
<ul><li>My Self</li><li>My Family</li><li>Page no: 5,9.</li></ul>	Audio- Video	до <i>то</i> горинели	Goal 2:  • Talking and listening  Goal 3:  • Concept related to
			environment

## MONTH - MAY

SUBJECT AND SYLLABUS	ACTIVITIES	SUBJECT INTEGRATION	GOALS TO BE ACHIEVED
English: Introduction Of letters: L, T, I  Page no: 30,31,32,39,40,41,67, 68 and 69  Rhymes: Twinkle-Twinkle, Ring a Ring O' Roses	1.Pasting leaves for letter L 2. Pasting triangular cut-out on alphabet T. 3.Making ice cream by using ice cream sticks and glitter sheets.	Art Integration  Music Integration	Goal 1:  Development of fine motor skills.  Goal 2:  Emergent reading and writing.  Goal 3:  Sensory development Concept formation Cognitive development  Goal 2:  Talking and listening
Hindi: परिचय- अ एवम आ Page no: 3,4,5,6,7 and 8.	1.Earbud printing with red color to make अनार with स्वर अ. 2. Tearing and pasting a yellow colored sheet to make आम.	कला एकीकरण	लक्ष्य -1: हाथ एवम आँख का समन्वय । लक्ष्य -2: आकस्मिक लेखन
<b>कविता</b> : बिल्ली मौसी चंदा मामा		संगीत एकीकरण	<u>लक्ष्य - 3:</u> <u>साां</u> ज्ञानात्मक कौशल <u>लक्ष्य -1:</u> सकल मोटर विकास

MATHS:  Pre-Maths Concept-  Big and Small  Shape-Circle.  Introduction of Colour- Red and Green.	1.Making big and small balls with clay. 2. Colour sorting	Art Integration  Cognitive	Goal 1:  Development of fine motor skills.  Goal 3:  Sensory development Cognitive development Concept formation
EVS:  Name of father and Mother.  My Home Summer Season  Page no-6,8.	<ol> <li>Nature walk</li> <li>Conversation questions.</li> <li>Live demonstration</li> </ol>	Social and emotional Integration	<ul> <li>Goal 2:</li> <li>Talking and listening.</li> <li>Sensory development.</li> </ul>

## MONTH - JULY

SUBJECT AND SYLLABUS	<u>ACTIVITIES</u>	<u>SUBJECT</u> INTEGRATION	GOALS TO BE ACHIEVED
ENGLISH: Introduction of alphabet H, F, E  Page no: 16,17,18,19,20,21,25, 26 and 27.	1.Color letter H and paste cut-out of triangle above it and make a hut. 2.Make flowers with pencil shaving art. 3.Make Engine with the help of shapes.	Art Integration	Goal 1:  Development of fine motor skills.  Goal 2:  Emergent reading Emergent writing  Goal 3: Concept formation Cognitive
Rhymes:  Rain-Rain go away Humpty-Dumpty		Music Integration	development  Goal 1:  Development of gross motor skills.  Goal 2:  Talking and listening. Exposure to other languages.
HINDI: परिचय- उ एवम ऊ  Page no: 15,16,17,18,19 and 20.  कविता:	1.Finger dabbing on स्वर 'उ'. 2.Make स्वर ऊ with the help of crayons.	कला एकीकरण	लक्ष्य 1: हाथो एवम आँखो का समन्वय  लक्ष्य 2: आकस्मिक लेखन  लक्ष्य 3: संज्ञानात्मक कौशल  लक्ष्य 1: _सकल मोटर विकास

MATHS: Introduction of Yellow Colour  Pre-Maths Concept:  Same and Different  Left and Right	1.Sorting activity 2.Sequencing activity	Art Integration	Oevelopment of fine motor skills.  Goal 3:      Sensory development     Cognitive development
EVS:  • My School  • My Home  • My Teacher  • Rainy Season Page no-6, 10, 12.	1.Conversation Question. 2.Nature Walk.	Social and emotional Integration	Goal 1:

## MONTH - AUGUST

SUBJECT AND SYLLABUS	ACTIVITIES	SUBJECT INTEGRATION	GOALS TO BE ACHIEVED
ENGLISH:  1. Introduction of V, M, N, A and X.  Page no: 4,5,44,45,46,47,48, 75,76,81,82 and 83   Rhymes: Early to Bed Cobbler-Cobbler	1. Make alphabet V with the help of colored sheet. 2. Ear bud printing on alphabet A. 3. Finger printing inside given Outline.	Art Integration  Music Integration	Goal 1:      • Development of fine motor skills.  Goal 2:     • Emergent reading and writing.  Goal 3:     • Sensory development     • Concept formation     • Cognitive development  Goal 2:     • Talking and listening
HINDI:         परिचय         स्वर अं एवम अः         Page no: 36,37,38,39,40         and 41.         कविता:         • भोलीगाय         • चिड़िया         • गोलम-गोल	1. Making grapes by thumb painting. Earbud printing in स्वर अः .	कला एकीकरण	लक्ष्य 1: हाथों एवम आँखों का समन्वय  लक्ष्य 2: आकस्मिक लेखन  लक्ष्य 3: संज्ञानात्मक कौशल  लक्ष्य 1: सकल मोटर विकास  लक्ष्य 2: सुनने और बोलनेका कौशल

MATHS: Introduction of Numbers 1, 2.  Pre- Maths Concept:      Tall and Short     Long and Short  Introduction of Blue, Green and Yellow Colours.	1.Dragging colour dipped finger to make number 1. 2.Make number 2 with the help of vegetable dabbing. 3.Colour Sorting 4.Live Demonstration	Art Integration  Science Integration	<ul> <li>Goal 1: <ul> <li>Development of fine motor skills.</li> </ul> </li> <li>Goal 3: <ul> <li>Sensory development</li> <li>Cognitive development</li> </ul> </li> <li>Goal 3: <ul> <li>Concept formation</li> </ul> </li> </ul>
<ul><li>E.V.S:</li><li>Vegetable</li><li>Fruits</li><li>Healthy Food</li><li>Page no-25,26,31</li></ul>	1.Differentiate between Fruits and Vegetables. 2.Activity based on healthy and unhealthy foods. 3.Conversation Questions	Science Integration	Goal 2:  • Talking and listening.  • Sensory development.

## MONTH - SEPTEMBER

SUBJECT AND SYLLABUS	<u>ACTIVITIES</u>	SUBJECT INTEGRATION	GOALS TO BE ACHIEVED
ENGLISH: Introduction of letters K, Z Page no: 36,37,38,87,88, and 89  Revision of letters L, T,	<ol> <li>Pasting cut out of kites.</li> <li>Cut and Paste zig zag strips to make alphabet Z</li> <li>Worksheets with variety of questions.</li> </ol>	Art Integration	Goal 1:  • Development of fine motor skills.  Goal 2: • Emergent reading and writing.
I, H, F, E, V, M, N , A, X, K and Z		Music Integration	Goal 3:
Rhymes:		Music Integration	<ul><li>Sensory development</li><li>Concept formation</li></ul>
OneTwo			Cognitive development
HickoryDickory			<u>Goal 2</u> :
			<ul> <li>Talking and listening</li> </ul>

	T	T	
<b>HINDI:</b> परिचय स्वर ओ एवम औ.	1.Coloring स्वर ओ to make	कला एकीकरण	<u><b>लक्ष्य 1:</b></u> हाथों एवां आँखोंका समन्वय
Page no: 30,31,32,33,34 and 35  Revisionof स्वर- अ, आ, उ, ऊ,ओ, अं, अः  किवताः	ओखली. 2.Worksheets with varietyof questions.	संगीत एकीकरण	लक्ष्य 2:         आकस्मिक लेखन         लक्ष्य 3:         संज्ञानात्मक कौशल         लक्ष्य 1:         सकल मोटर विकास         लक्ष्य 2:         सुनने और बोलनेका कौशल
MATHS: Introduction of Numbers 3, 4.  Pre – Maths Concept:  In and Out Near and Far  Shape- Square	1.Finger dabbing on the shape of number 3. 2. Holding things 3.One and many 4.Do colouring in the shape of square. 4.Live demonstration	Art Integration  Sports Integration  Science Integration	Goal 1:  Development of fine motor skills.  Goal 3: Sensory development Cognitive development  Goal 3: Concept formation
E.V.S:  Sun, Moon, Day and Night Clothes I wear.	1.Audio- Video 2.Conversation questions	Science Integration  Social Integration	Goal 2:  • Cognitive development

### **MONTH-OCTOBER**

SUBJECT AND SYLLABUS	ACTIVITIES	SUBJECT INTEGRATION	GOALS TO BE ACHIEVED
ENGLISH: Introduction of letters Y, C, O, Q.  Page no: 9,10,11,50,51,52,58, 59, 60,84,85 and 86   Rhymes:  Mary Had a little Lamb Friends	Make Caterpillar by doing thumb printing.      Show visual aids for alphabet O.	Art Integration  Music Integration	Goal 1:  • Development of fine motor skills.  Goal 2:  • Emergent reading and writing.  Goal 3:  • Sensory development  • Concept formation  • Cognitive development  Goal 2:  Talking and listening
HINDI:         परिचय स्वर ए एवम ऐ         Page no:         25,26,27,28 and         29.         कविता:         • डािकया         • जागोजागो	1. Color स्वर ए and paste the pictures related to स्वर ए. 2. Pasting two cut-outs of circle to make ऐनक.	कला एकीकरण	लक्ष्य 1: हाथों एवम आँखोंका समन्वय  लक्ष्य 2: आकस्मिक लेखन  लक्ष्य 3: संज्ञानात्मक कौशल  लक्ष्य 1: सकल मोटर विकास  लक्ष्य 2: सुनने और बोलनेका कौशल
MATHS: Introduction ofn umbers 5, 6. Shape- Rectangle Pre-Maths Concept: Heavy and Light	1.Making hand impression with paint colours and pasting cut out of vase. 2.Colouring the number 6 with red colour and making six black dots on it. 3.Sponge printing in the shape of Rectange. 4.Holding empty and filled water.	Art Integration	Goal 1:  Development of fine motor skills.  Goal 3:  Sensory development Cognitive development
EVS:	1.Conversation questions. 2. Audio-Video	Science Integration	Goal 2:  • Talking and listening. • Sensory development.

#### **MONTH – NOVEMBER**

SUBJECT AND SYLLABUS	<u>ACTIVITIES</u>	SUBJECT INTEGRATION	GOALS TO BE ACHIEVED
English: Introduction of letters: P, B, R, S  Page no: 6,7,8,53,54,55,61,62, 63, 64,65 and 66  Rhymes: Hear my prayer Come Little baby	1.Coloring the Letter B with crayon color and make butterfly.  2. Pasting cotton and cut out of Rain drops to make rain on Letter R.  3.Cut circle and make sun with crayons for letter S	Art Integration  Music Integration	Oevelopment of fine motor Skills.  Goal 2:      Emergent reading     Emergent Writing  Goal3:      Concept formation     cognitive development  Goal 1:     Development of gross motor skills  Goal 2:      Talking and Listening     Exposure to other Languages

Hindi: परिचय स्वर इ एवम, ई Page no: 9,10,11,12,13 and 14.	1.Coloring, स्वर इ with brown color and pasting green leaves on it 2. Make drawing related to स्वर ई.	कला एकीकरण	
<b>कविताएँ</b> : • मोर • सीखो		संगीत एकीकरण	<b>लक्ष्य 1:</b> • सकल मोटर विकास

MATHS: Introduction of number 7,8.  Colours- Black, White and Orange.  Revision- 1 To 8 counting.	1.Make Rainbow with the help of 7 colours. 2.Make two circle and make 8. 3.Colour Sorting	Art Integration	Oevelopment of fine motor skills.  Goal 3:      Sensory development     Cognitive development
EVS:      Transport     Animals     My Body Page no- 19,16.	1.Nature walk 2.Audio- Video 3.Conversational questions	Science Integration	Goal 2:

### **MONTH- DECEMBER**

SUBJECT AND	<u>ACTIVITIES</u>	SUBJECT	GOALS TO BE ACHIEVED
<u>SYLLABUS</u>		<u>INTEGRATION</u>	
English: Introduction of letters J, W, D  Page no: 12,13,14,33,34,35,7 8,79, and 80  Rhymes:	1.Paste straw in juice glass for letter J. 2.Make watermelon with red and green curves and then draw black dots on it. 3.Paper folding threading.	Art Integration	Goal 1:  Development of fine motor skills  Goal 2:  Emergent reading and writing  Goal 3:  Sensory development Concept formation Cognitive development
After a bath		Music Integration	Goal 2:   • Talking and listening
<u>Hindi:</u> Revision of स्वर अं – अः	Worksheets with variety ofquestions	कला एकीकरण	<u>लक्ष्य 1:</u> ● हाथों एवां आँखों का समन्वय
Page no: 37,38,39,40 and 41.			<u>लक्ष्य 2:</u> <ul><li>• आकस्मिक लेखन</li><li><u>लक्ष्य 3:</u></li></ul>
Revision of कविता:  • गोलम-गोल,  • छोटी सी मोटर		संगीत एकीकरण	<ul> <li>संज्ञानात्मक कौशल</li> <li>लक्ष्य 1:</li> </ul>
			• सकल मोटर विकास

MATHS: Introduction of number 9 and 10.	1.Cut one circle and paste triangles outside and add them (Total 9 triangles).	Cognitive	Goal 1:  • Development of fine motor skills.
Shape-Triangle Pre Maths Concept- Tall and Short	<ul><li>2.Pasting 5 stars on number 1 and 5 stars on number 0 (Total 10 stars).</li><li>3.Cut and paste triangle.</li></ul>		<ul><li>Goal 3:</li><li>Sensory development</li><li>Cognitive development</li></ul>
			Goal 3:  • Concept formation

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## **MONTH- JANUARY**

SUBJECT AND SYLLABUS	<u>ACTIVITIES</u>	SUBJECT INTEGRATION	GOALS TO BE ACHIEVED
ENGLISH: Introduction of letters G and U	1.Making grapes by doing finger printing.	Art Integration	Goal 1:  • Drawing of fine motor skills
Page no: 22,23,24,72,73 and 74	2.Making an umbrella on one of the curves to introduce alphabet U.	Cognitive	Goal 2:  ■ Emergent reading and writing  Goal 3:
Revision of Letters-A – Z  Revision of Rhymes:  Johny! Johny! Twinkle – Twinkle Ring -a- Ring O'Roses		Music Integration	Sensory development  Concept formation  Cognitive development  Goal 2:  Talking and listening
Hindi: Revision of स्वर अं – अः	Worksheets with variety ofquestions	कला एकीकरण	<u>लक्ष्य 1:</u> ● हाथों एवम आँखों का समन्वय
Revision of कविता:         • लाल टमाटर         • चंदा         मामा         • बिल्ली         मौसी         • छाता		संगीत एकीकरण	<ul> <li>लक्ष्य 2:</li> <li>● आकस्मिक लेखन</li> <li>लक्ष्य 3:</li> <li>● संज्ञानात्मक कौशल</li> <li>लक्ष्य 1:</li> </ul>
• तितली			सकल मोटर विकास

MATHS: Revision of number  1 To 10. All colours All Shapes Pre maths concept	Worksheets with variety ofquestions	Cognitive  Sports Integration	Oevelopment of fine motor skills.  Goal 3:     Sensory development     Cognitive development  Goal 3:  Concept formation
E.V.S:  • Community Helpers	1.Looking at Picture.  2.Audio-Video  3.Conversational Questions	Social Integration Science Integration	Goal 2:  • Sensory development • Concept formation

#### MONTH – FEBRUARY

SUBJECT AND SYLLABUS	<u>ACTIVITIES</u>	SUBJECT INTEGRATION	GOALS TO BE ACHIEVED
ENGLISH: Revision of alphabets A – Z	Worksheets with variety of questions	Cognitive	Goal 1:  • Drawing of fine motor skills  Goal 2:  • Emergent reading and writing
<ul> <li>Revision of Rhymes:</li> <li>Humpty- Dumpty,</li> <li>Early to bed,</li> <li>Cobbler Cobbler,</li> <li>Hickory-Dickory</li> </ul>		Music Integration	<ul> <li>Goal 3:</li> <li>Sensory development</li> <li>Concept formation</li> <li>Cognitive development</li> </ul> Goal 2: <ul> <li>Talking and listening</li> </ul>
HINDI: Revision of स्वर अ-अः	Worksheets with variety ofquestions	कला एकीकरण	<b>लक्ष्य 1:</b> ● हाथों एवां आँखों का समन्वय
Revision of कविता-         • भोली गाय         • गोलम-गोल         • छोटी सी         मोटर			<ul><li>लक्ष्य 2:</li><li>● आकस्मिक लेखन</li><li>लक्ष्य 3:</li><li>● संज्ञानात्मक कौशल</li></ul>
<ul><li>घड़ी</li><li>डािकया</li></ul>		संगीत एकीकरण	<b>लक्ष्य 1:</b> सकल मोटर विकास
MATHS:  Revision of numbers-  Counting 1 To 10 Pre-Maths Concept All Shapes All Colours	Worksheets with verities of questions.	Cognitive	Goal 1:  Development of fine motor skills.  Goal 3: Sensory development Cognitive development  Goal 3: Concept formation

	io-Video versational Questions ure walk	Social Integration  Sports Integration	Goal 2:  • Sensory development • Concept formation
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